

# Be the CEO of Your Money

## Understanding Your Spending: Activity Sheet

FOR MONTH OF: \_\_\_\_\_

Finding extra money to save becomes easier when you know exactly what you're spending each month. As a rule of thumb, Fidelity believes your essential expenses (things you need to have) should not exceed 50% of your take-home pay. See how you're doing by filling out your average monthly expenses and income below.

ANNUAL HOUSEHOLD INCOME \$ \_\_\_\_\_

MONTHLY HOUSEHOLD TAKE-HOME PAY \$ \_\_\_\_\_

### MONTHLY ESSENTIAL EXPENSES (THINGS YOU NEED TO HAVE)

**i** **Tip:** You may want to review bank and credit card statements.

|                              |    |
|------------------------------|----|
| <b>Housing</b>               |    |
| Mortgage                     | \$ |
| Rent/Condo Fees              | \$ |
| Property Tax                 | \$ |
| Homeowners Insurance         | \$ |
| Electricity                  | \$ |
| Water/Sewer                  | \$ |
| Oil/Gas                      | \$ |
| Internet/Telephone           | \$ |
| Cell Phone                   | \$ |
| Other                        | \$ |
| <b>HOUSING SUBTOTAL</b>      | \$ |
| <b>Groceries</b>             |    |
| Food                         | \$ |
| Other                        | \$ |
| <b>FOOD SUBTOTAL</b>         | \$ |
| <b>Healthcare</b>            |    |
| Insurance Paid Out-Of-Pocket | \$ |

|                                                                                                                                               |    |
|-----------------------------------------------------------------------------------------------------------------------------------------------|----|
| Prescriptions                                                                                                                                 | \$ |
| Co-payments, Deductibles, Etc.                                                                                                                | \$ |
| Other                                                                                                                                         | \$ |
| <b>HEALTHCARE SUBTOTAL</b>                                                                                                                    | \$ |
| <b>i</b> <b>TIP:</b> If you only have annual costs for healthcare, that's OK. Simply add them up and divide by 12 to get your monthly figure. |    |
| <b>Transportation</b>                                                                                                                         |    |
| Auto Loan or Lease Payment                                                                                                                    | \$ |
| Auto Insurance                                                                                                                                | \$ |
| Excise Tax/Registration                                                                                                                       | \$ |
| Routine Maintenance                                                                                                                           | \$ |
| Gasoline                                                                                                                                      | \$ |
| Other Commuting Expenses                                                                                                                      | \$ |
| Other                                                                                                                                         | \$ |
| <b>TRANSPORTATION SUBTOTAL</b>                                                                                                                | \$ |
| <b>Debt &amp; Monthly Obligations</b>                                                                                                         |    |
| Credit Card Debt (recurring payment plan)                                                                                                     | \$ |
| Student Loans                                                                                                                                 | \$ |
| Loans, Taxes, Borrowing                                                                                                                       | \$ |

|                                                |    |
|------------------------------------------------|----|
| Alimony & Other Obligations                    | \$ |
| Other                                          | \$ |
| <b>DEBT &amp; MONTHLY OBLIGATIONS SUBTOTAL</b> | \$ |

### Child & Dependent Care

|                                            |    |
|--------------------------------------------|----|
| Support for Children (including daycare)   | \$ |
| Support for Parent(s)                      | \$ |
| Other Obligations                          | \$ |
| <b>CHILD &amp; DEPENDENT CARE SUBTOTAL</b> | \$ |

|                                         |    |
|-----------------------------------------|----|
| <b>TOTAL MONTHLY ESSENTIAL EXPENSES</b> | \$ |
|-----------------------------------------|----|

**TIP:** Fidelity believes your essential expenses should not exceed 50% of your take-home pay.



### MONTHLY DISCRETIONARY EXPENSES (THINGS YOU WOULD LIKE TO HAVE)

### Personal Care

|                               |    |
|-------------------------------|----|
| Health and Beauty Aides       | \$ |
| Clothing                      | \$ |
| Dry Cleaning                  | \$ |
| Other                         | \$ |
| <b>PERSONAL CARE SUBTOTAL</b> | \$ |

### Gifts

|                                                             |    |
|-------------------------------------------------------------|----|
| Gifts (non-tax-deductible such as birthdays, holidays etc.) | \$ |
| Charitable Donations (tax-deductible)                       | \$ |
| Other                                                       | \$ |
| <b>GIFTS SUBTOTAL</b>                                       | \$ |

### Recreational

|                              |    |
|------------------------------|----|
| Travel and Vacations         | \$ |
| Club Memberships             | \$ |
| Hobbies                      | \$ |
| Other                        | \$ |
| <b>RECREATIONAL SUBTOTAL</b> | \$ |

### Entertainment

|                               |    |
|-------------------------------|----|
| Movies/Theater/Sports Events  | \$ |
| Dining Out                    | \$ |
| Other                         | \$ |
| <b>ENTERTAINMENT SUBTOTAL</b> | \$ |

|                                             |    |
|---------------------------------------------|----|
| <b>TOTAL MONTHLY DISCRETIONARY EXPENSES</b> | \$ |
|---------------------------------------------|----|

**TIP:** Since discretionary expenses are nice-to-haves, tough choices here could benefit your bottom line.

|                                         |   |                                             |   |                               |  |
|-----------------------------------------|---|---------------------------------------------|---|-------------------------------|--|
| \$                                      |   |                                             |   |                               |  |
|                                         |   |                                             |   |                               |  |
| <b>TOTAL MONTHLY ESSENTIAL EXPENSES</b> | + | <b>TOTAL MONTHLY DISCRETIONARY EXPENSES</b> | = | <b>TOTAL MONTHLY EXPENSES</b> |  |